

# Lunar Cycle

December 2021			
			
4	11	19	27



## NEW MOON

- New beginning
- Initiating a new intent
- Birthing a new idea, a new project.



## FIRST QUARTIER

- Taking action.
- Materializing my idea.
- Adapting, aligning.



## FULL MOON

- Harvesting
- Celebrating
- Enjoying



## THIRD QUARTIER

- Letting go, receiving
- Meditating, stepping back
- Accepting, allowing

What about aligning with the Moon this month?

### December 4th

I take a new start, I decide to change something, to commit to a new habit, to do something new... I plan my steps in the following days.

### December 11th

I take actions to materialize my idea, my habit, my project. I follow the steps I planned, adjusting them if needed.

### December 19th

I harvest what I planted, I celebrate what is, I enjoy what I managed to do. Everything is in place.

### December 27th

I can surrender and go with the flow. I take a moment to reflect, to see what needs to be changed or upgraded (I'll take care of it during the next cycle). I accept what is, I allow myself to receive the fruits of my actions.

*And if I feel like it, I can go on during the next cycle.*

### NEW MOON

What I want to discover, to do, to put in place, to change... and how to get there. I try to plan the different steps I will need to take, the different aspects, being aware I will probably have to adjust and adapt to what may come.

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### FIRST QUARTER

I take steps, and follow my plan, adjusting if needed.

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### FULL MOON

What I managed to do, to materialize, to change...

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### THIRD QUARTIER

What I learned, what still needs to be worked on, what I received, what I am grateful for:

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